

NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD

Burns -Paiute Tribe Chehalis Tribe Coeur d'Alene Tribe Colville Tribe Coos, Suislaw & Lower Umpqua Tribe Coquille Tribe Cow Creek Tribe Cowlitz Tribe Grand Ronde Tribe Hoh Tribe Jamestown S'Klallam Tribe Kalispel Tribe Klamath Tribe Kootenai Tribe Lower Elwha Tribe Lummi Tribe Makah Tribe Muckleshoot Tribe Nez Perce Tribe Nisqually Tribe Nooksack Tribe NW Band of Shoshoni Tribe Port Gamble S'Klallam Tribe Puyallup Tribe Quileute Tribe **Ouinault** Tribe Samish Indian Nation Sauk-Suiattle Tribe Shoalwater Bay Tribe Shoshone-Bannock Tribe Siletz Tribe Skokomish Tribe Snoqualmie Tribe Spokane Tribe Squaxin Island Tribe Stillaguamish Tribe Suquamish Tribe Swinomish Tribe Tulalip Tribe Umatilla Tribe Upper Skagit Tribe Warm Springs Tribe Yakama Nation

2121 SW Broadway Suite 300 Portland, OR 97201 Phone: (503) 228-4185 Fax: (503) 228-8182 www.npaihb.org

- DATE: November 20, 2020TO: Northwest Tribal Cancer Coalition
- **FROM:** Kerri Lopez (Tolowa), Project Director Northwest Tribal Comprehensive Cancer Program

SUBJECT: Funding Proposal

Attached is a request for proposals to fund cancer plan implementation by Northwest Tribes. This is an opportunity to obtain funding to support an upcoming activity you already had planned or create a new opportunity for Tribal Comprehensive Cancer Control. The Northwest Tribal Comprehensive Cancer Program encourages you to respond to the comprehensive cancer control needed in your community. **Tribes may submit TWO applications**, one for Tribal cancer plan implementation, and another for Tribal cancer plan implementation specific to *cancer survivorship*.

The application includes the following sections:

- A. Request for Proposal
- B. Action Planning Worksheet

We've also included the following references:

- Example Activities
- Example Proposal
- Example Action Planning Worksheet
- Twenty Year Plan Objectives
- Activity Implementation Report Template

Please make sure to specify who you would like the check made out to and where you would like it sent.

If you have any questions, please feel free to email Rosa Frutos (Warm Springs) NTCCP Cancer Project Coordinator <u>rfrutos@npaihb.org</u> or call 971-282-4002.

Thank you for your work.

Kerri Lopez (Tolowa Dee-ni' Nation) Director, NW Tribal Cancer and Western Tribal Diabetes Projects 503-416-3301 klopez@npaihb.org



Request for Tribal Cancer Plan Implementation Proposals

Centers for Disease Control and Prevention AND

Northwest Tribal Cancer Control Project Grant # 6 NU58DP006283-03-00 CDFA: 93.898 Northwest Portland Area Indian Health Board

PROPOSAL REQUIREMENTS

Payment will be made in a manner consistent with the terms detailed in the award letter. For funding consideration, the tribe/tribal health program must agree to the following terms and conditions:

- To use funds only for purposes consistent with the proposed implementation plan.
- To provide a brief report to the Northwest Tribal Comprehensive Cancer Project on the utilization of the funds, which include a short narrative describing the use of the funds, an evaluation of the success or failure of the objective, and a financial sheet detailing the expenditure of the funds.
- Funds may not be used to influence legislation or to participate in, or intervene in, any political campaign.
- Tribal Grant Recipients must be in good standing with federal government funding

Grant Funding Limitations

- Grantees may not use funds for research.
- Grantees may not use funds for clinical care.
- Grantees may only expend funds for reasonable program purposes, including personnel, travel, supplies, and services, such as contractual.
- Grantees may not generally use HHS/CDC/ATSDR funding for the purchase of furniture or equipment. Any such proposed spending must be identified in the budget.
- The direct and primary recipient in a cooperative agreement program must perform a substantial role in carrying out project objectives and not merely serve as a conduit for an award to another party or provider who is ineligible.
- Reimbursement of pre-award costs is not allowed.
- Statistical Analysis Software (SAS) Licensures/SUDAAN will be awarded as direct assistance (DA) and will be deducted from the amount of financial assistance (FA) that would otherwise be available for award.
- Applicant must be a NPAIHB member tribe participating in the Northwest Tribal Cancer
 Coalition
- Programs or activities must have an American Indian/Alaska Native target audience





REQUEST FOR PROPOSALS

DEADLINE EXTENDED

Rolling deadline, but all proposals must be received by 5 p.m. on April 23, 2021 New Extended Deadline: Friday June 4, 2021

The Northwest Tribal Comprehensive Cancer Program (NTCCP) requests your proposal(s) for support of implementation of tribal cancer control and cancer survivorship for Fiscal Year 2021.

Tribes/Tribal health programs <u>may submit two applications</u>, one for Tribal cancer control implementation funds and another for Tribal cancer control implementation specific to Cancer Survivorship.

Our goal is to make the proposal process as quick and straightforward as possible. Below are background, instructions and forms for applying.

Background

The mission of the Northwest Portland Area Indian Health Board (NPAIHB) is to assist Northwest Tribes to improve health status and quality of life of member tribes and Indian people in their delivery of culturally appropriate and holistic health care. NPAIHB was established in 1972 as a private, not-for-profit organization and is also recognized as a tribal organization under P.L. 93-638.

The Northwest Tribal Comprehensive Cancer Program is part of the Northwest Portland Area Indian Health Board. We envision and work toward cancer-free tribal communities by taking an integrated and coordinated approach to cancer control. The overall goal of the Northwest Tribal Cancer Action planning activity fund is to expand Cancer Control efforts in American Indian/Alaska Native (Al/AN) communities by providing the knowledge and skills to facilitate effective and successful prevention, support, and palliation strategies.

Purpose

The purpose of the *Tribal Cancer Control Implementation Fund* is to support activities implementing tribal cancer action plans. Action plans involving tribal health directors, the tribal health clinic, and the community are preferred. Collaboration with existing cancer control programs and activities is encouraged. <u>NTCCP will make the awards within 3 weeks of submission.</u>

Eligibility

All NPAIHB member tribes participating in the Northwest Tribal Cancer Coalition are eligible to apply for the tribal cancer plan implementation funds.

Funding amount(s)*

\$5000.00 for each application

*Please include all expenses in the event that more funding becomes available



GUIDELINES AND INSTRUCTIONS FOR APPLICATIONS: FUNDING CRITERIA

- Continued participation with NTCCP
- Collaboration with tribal leaders and community members
- Taking a coordinated approach to Cancer Control activities
- Programs or activities that create community awareness of Cancer issues
- Programs or activities that promote healthy behaviors

Tribal Cancer Plan Implementation Proposals: Priority will be given to applications that address one of more of the following topics:

- Tobacco Policy: Youth, Second Hand Smoke
- Physical Activity
- Healthy Behavior
- Cancer Screening: Breast, Cervical, and Colorectal
- Cancer survivorship

Tribal Cancer Plan Implementation Proposals on Cancer Survivorship must address:

- Activities that impact the quality of life of cancer survivors such as, but not limited to:
 - Using EHR data for survivorship care planning
 - Expand/support patient navigation programs
 - Promote physical activity among cancer survivors
 - o Cancer survivorship campaigns to educate survivors and/or providers

<u>All activities of the tribal cancer plan implementation funds must address an objective of</u> <u>the Northwest Twenty-Year Comprehensive Cancer Control Plan</u>

Funding mechanism

Grantees will partner with the Northwest Portland Area Indian Health Board-NTCCP

Funding Period

All activities encouraged to be completed by June 30, 2021, but we understand that this timeline may be impacted because of COVID-19.

Payment and Reporting

Upon receipt of a completed activity report, grantees may request to receive payment via check.

Announcement

NTCCP will announce implementation funding in writing to applicants within 3 weeks of the completed application

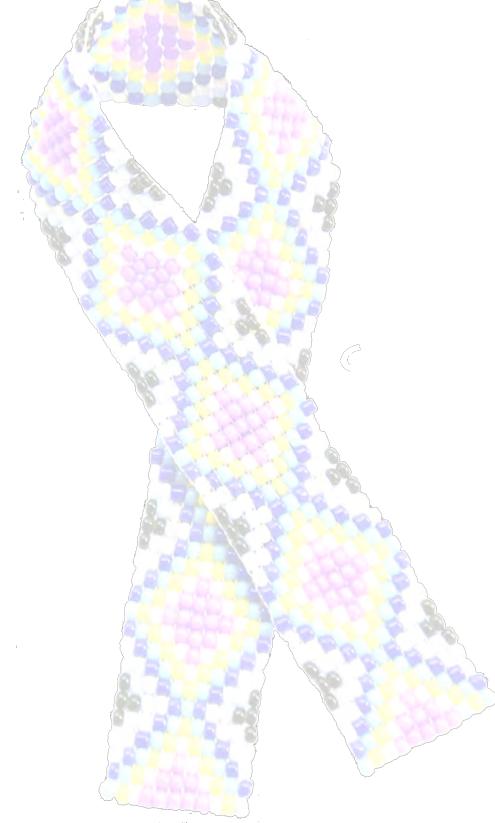
Number of Awards: Tribal Cancer Plan Implementation Proposals

The Northwest Tribal Comprehensive Cancer Program will award up to 10 proposals of \$5000 each for Tribal Cancer Plan Implementation Proposals.

Number of Awards: Tribal Cancer Plan Implementation Proposals – Cancer Survivorship



The Northwest Tribal Comprehensive Cancer Program will award up to 10 proposals of \$5000 each for Cancer Survivorship proposals.





CONTENTS OF PROPOSAL

Successful applications will include the following*:

*Applicants must complete the following for EACH application submitted.

Cover Letter and overview

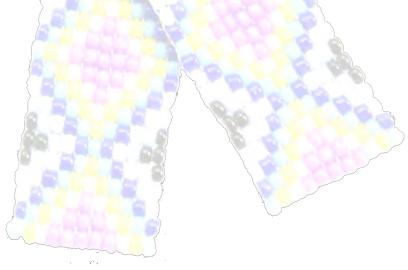
The cover letter must include a statement of the overall goals of the proposed activities (described in detail in the action plan below). The cover letter should be signed by the Northwest Tribal Cancer Coalition member on Tribal letterhead.

Entire overview should be one to two pages

- 1. Provide brief overview of proposed project
- 2. Provide statement of need and available statistics regarding cancer in your community. How will this project address that need? What evidence do you have that the proposed project is or will be effective in meeting this need?
- 3. Describe other organizations, if any, that will participate in the program
- 4. Describe community members to be served and how they will benefit
- 5. Describe plans for collaboration or coordination with the Northwest Portland Area Indian Health Board Northwest Tribal Comprehensive Cancer Program

Action Plan should include the following:

- 1. List program goal and measurable objective(s) (i.e. what do you hope to achieve and what type of evaluation will you be submitting)
- 2. Include the objective you are addressing from the Northwest Twenty-Year Comprehensive Cancer Control Plan
- 3. Provide a timeline for completing goal and objective(s)
- 4. Describe how progress toward accomplishing each goal and objective will be evaluated
- 5. List activities to be implemented. Is this a new or an ongoing activity of your tribe? If this is an on-going activity, what enhancements will be achieved with the requested funds?
- 6. Budget time and money required for the proposed activities



Example Activities

The Northwest Tribal Comprehensive Cancer Program has funded tribal cancer control activities since 2004. Hard work on the part of organizers utilized funds in innovative ways. Some found matching funds, while others utilize incentives to increase attendance and participation.

Due to COVID-19, the NTCCP encourages programs to engage in activities that follow CDC recommendations: <u>https://www.cdc.gov/coronavirus/2019-ncov/index.html</u>

Tribal Cancer Plan Implementation activities may include, but are not limited to:

- Small Media
 - Use media to raise awareness of cancer screening(s) (create a community video, record a radio ad, billboard, newspaper, etc.)
 - Hire a media company to record local cancer survivor stories and keep film for future Tribal/community use.
 - Create youth specific video to discourage e-cigarettes and/or commercial tobacco use.
- Tribal Policies
 - Implement commercial tobacco-free policies/flavored vape restrictions in the workplace or community (such as Tribal housing, community fair grounds, etc.) Institute weekly smoke-free day at casinos campaign or completely smoke-free casino.
- Tribal Nutrition and Community Garden
 - Develop and/or expand on community gardens. Develop and/or expand on traditional foods curriculum or information sheets and how they relate to cancer prevention.
- Cancer Screening Support
 - Provide transportation to screening appointments and/or incentives (may be paired with small media campaign for cancer screening).
- Improve Health Systems
 - Contract or use current personnel to improve systems to have health care providers ask each patient if they use tobacco and if tobacco is used in their homes, to determine readiness to quit and advise them accordingly.
 - Establish cancer patient tracking system to monitor long-term cancer side effects and recurrence. Monitor and record cancer survivors and tobacco use to determine readiness to quit and advise them accordingly.
- Virtual Cancer Support Groups for Survivors and/or Caregivers
 - May use funds to help provide training to community member(s) for facilitation or for personnel time to moderate group.

PSE Activities

CDC encourages the implementation of cancer control activities that are grounded within a Policy, Systems and Environment (PSE) approach. PSE changes are long-term approaches that are designed to make a sustained improvement in community health.

Addressing the root causes of chronic diseases and related risk factors fosters sustainable change and reduces the burden of chronic disease.

By adjusting an individual's environment, PSE change can lead to modifications in their behavior that are permanent and beneficial.

Setting	Traditional Approach	PSE Approach
School	Teach a unit on healthy nutrition.	Provide fruits and vegetables on the lunch menu.
Workplace	Offer health screenings once a year.	Provide access to a gym on site, and offer free fitness classes for employees.
Community	Organize annual races or walks to raise awareness of diseases.	Increase the community's access to green space and public transport; create walking and biking paths.

PSE examples:

Resources for PSE learning:

- Action for Policy, Systems and Environmental (PSE) Change: A Training
 - This is a FREE course through the George Washington University Cancer Center's e-learning series. It offers 3.00 Certified Health Education Specialist/Master Certified Health Education Specialist credits (CHES®/MCHES®).
 - <u>https://cme.smhs.gwu.edu/gw-cancer-center-/content/action-policy-systems-and-environmental-pse-change-training#group-tabs-node-course-default1</u>
- Action 4 PSE Change, GW Cancer Center
 - o http://action4psechange.org/resources-and-tools/
- Policy, Systems, and Environmental Change Resource Guide from American Cancer Society and National Comprehensive Cancer Control Program
 - o <u>https://smhs.gwu.edu/cancercontroltap/sites/cancercontroltap/files/PSE_R</u> esource_Guide_FINAL_05.15.15.pdf
- Short webinar: Overview of Policy, System and Environmental PSE Change
 - o https://www.youtube.com/watch?v=oJZ9CewtuPA&feature=youtu.be



Table I. Sample Breast Cancer Objectives for Tribal Cancer Planning

#	Objective		
	• Strategy	Evaluation	• Data
1	Increase awareness of the risk factors for breast cancer.		
	 Implement community education campaigns (mentoring, media, tribal leaders) Implement community awareness campaigns Plan a "women's health fair" to distribute information about breast health Plan an activity in connection with Breast Cancer Awareness Month (October) Implement Pink Shawl Program 	 Conduct BRFSS to assess change in level of awareness of risk fac- tors Health fair attendance 	• BRFSS
2	Increase the percentage of AI/AN women who receive regular breast ca	ncer screenings	
	 Support the development and distribution of educational material promoting the importance of regular breast screenings Provide culturally-sensitive education to Primary Care Providers (PCPs) for counseling of patients Provide transportation to screening Provide incentive to get exam Provide childcare services 	Survey PCPsGPRA	• GPRA
3	Increase collaboration with Statewide Breast and Cervical Cancer Early	Detection Programs (BCCEDP)
	 Integrate Breast and Cervical Cancer Early Detection Programs into cancer plan implementation activities Collaborate with the State Breast and Cervical Cancer Partnerships and others on shared priorities 	 Increase in women screened through BCCEDP 	BCCEDP
4	Increase the number of tribal Breast and Cervical Cancer Early Detecti	on Programs	
	 Support efforts by non-funded tribal organizations to secure funding to develop Breast and Cervical Cancer Early Detection Programs 	Number of new programs	 number of programs
5	Increase the number of women diagnosed with breast cancer who have	access to appropriate treatmen	t.
	 Educate PCPs to refer women for breast cancer treatment services Organize community members to provide transportation for women needing daily or weekly treatments 	 Record number of PCPs receiving information Count rides given to treatment facilities Record change in percentage of persons receiving treatment 	 Navigator Program records Chart Audit

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6	Increase payment coverage of screening and treatment of breast cancer		
	• Educate policy-makers about the importance for government or insurance coverage of costs of mammograms and treatment of breast cancer	 Obtain baseline measure of how screening and treatment are paid Record # of policy-makers educated about the importance of payment coverage Contract Health Chart Audit 	
7	Increase available support and quality of life for women being treated f	for and survivors of breast cancer	
	• Organize a breast cancer support group	 Obtain baseline measure of number of women eligible to attend support group Survey for quality of life of support group members Number of women attending the support group 	
8	Increase available support to caregivers of women living with breast ca	incer	
	 Provide training to caregivers Organize a caregivers' support group 	 Obtain baseline measure of number of potential caregivers Survey for knowledge of care giving and quality of life Record the number of caregivers who receive training Assess for change in knowledge of care giving Record the number of caregivers who attend the support group Assess for quality of life 	

Objectives for Tribal Cancer Planning



Table 2. Sample Cervical Cancer Objectives for Tribal Cancer Planning

#	Objective		
	Strategy	Evaluation	• Data
9	Increase awareness of the risk factors for cervical cancer		
	 Implement community education campaigns (mentoring, media, tribal leaders) Implement community awareness campaigns Plan a "women's health fair" to distribute information about cervical health Plan an activity during Cervical Cancer Awareness Month (January) 	 Conduct BRFSS to assess change in level of awareness of risk fac- tors Health fair attendance 	• BRFSS
10	Increase awareness among AI/AN of the relationship between Human and availability of vaccinations.	Papiloma Virus (HPV) and cervica	al cancer
	 Develop media messages on HPV vaccinations and cancer. Partner with IHS and State Vaccine for Children programs 	 Number of families educated about HPV Number of children vaccinated through State Childhood Immunization Programs 	State Childhood Immu- nization records
	Increase the percentage of AI/AN women who receive regular pap test	s	
	 Support the development and distribution of educational material promoting the importance of regular pap tests Provide culturally-sensitive education to PCPs for counseling of patients Provide transportation to screening Provide incentive to get exam Provide childcare services 	Survey PCPsGPRA	• GPRA
12	Increase collaboration with Statewide Breast and Cervical Cancer Earl	y Detection Programs (BCCEDP)
	 Integrate Breast and Cervical Cancer Early Detection Programs into cancer plan implementation activities Collaborate with the State Breast and Cervical Cancer Partnerships and others on shared priorities 	 Increase in women screened through BCCEDP 	BCCEDP
13	Increase the number of tribal Breast and Cervical Cancer Early Detect	ion Programs	
	 Support efforts by non-funded tribal organizations to secure funding to develop Breast and Cervical Cancer Early Detection Programs 	Number of new programs	 number of programs

Northwest Tribal Twenty Year Comprehensive Cancer Control Plan

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14	Increase the number of women diagnosed with cervical cancer who have access to appropriate treatment		
	 Educate PCPs to refer women for cervical cancer treatment services Organize community members to provide transportation for women needing daily or weekly treatments 	 Count rides given to treatment facilities Becord change in percentage of 	Navigator Program records Chart Audit
15	Increase payment coverage of screening and treatment of cervical canc	er	
	• Educate policy-makers about the importance for government or insurance coverage of costs of PAP tests and treatment of cervical cancer	 Record # of policy-makers educated about the importance 	Contract Health Chart Audit
16	Increase available support and quality of life for women being treated for	or and survivors of cervical cancer	
	• Organize a cervical cancer support group	 Survey for quality of life of 	Chart Audit
17	Increase available support to caregivers of women living with cervical c	ancer	
	 Provide training to caregivers Organize a caregivers' support group 	 Record the number of caregivers who receive training Assess for change in knowledge of care giving 	Survey Survivors Training rosters Pre/Post test eval

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Northwest Tribal Twenty Year Comprehensive Cancer Control Plan

Table 3. Sample Colorectal Cancer Objectives for Tribal Cancer Planning

#	Objective		
	• Strategy	Evaluation	• Data
18	Increase awareness of the risk factors for colorectal cancer		
	 Implement community education campaigns (mentoring, media, tribal leaders) Implement community awareness campaigns Plan a "family health fair" to distribute information about colorectal health Plan an activity in connection with Colorectal Cancer Awareness Month (March) 	 Conduct BRFSS to assess change in level of awareness of risk fac- tors Health fair attendance 	• BRFSS
19	Increase the percentage of persons who receive age appropriate screen (FOBT, sigmoidoscopy, colonoscopy)	ing for colorectal cancer	
	 Provide incentive to get exam Provide transportation to clinic site Survey the capacity of facilities to provide colorectal cancer screening Support programs to train mid-level providers to perform flexible sigmoid- oscopy/colonoscopy and to establish ongoing screening programs in regional facilities Support programs to diagnose colorectal cancer stages and reduce or elimi- nate unnecessary preoperative chemotherapy and radiation treatment Increase Al/AN specific colorectal cancer screening education to make sure that comprehensive, culturally appropriate media messages reach the intended audience Investigate innovative ways of organizing healthcare providers to enhance screening rates in rural communities 	 Obtain baseline measures on percentage who receive screening Record number who receive incentive to get screening Count rides given to screening facilities Record change in the number of persons who receive diagnostic tests for colorectal cancer Number of PCPs who receive training in performing colonos- copy /or sigmoidoscopy 	 GPRA Chart Audit Provider Survey IHS
20	Increase access to appropriate treatment for colorectal cancer		
	 Educate PCPs to refer persons for colorectal cancer services Provide transportation to treatment site 	 Number of PCPs receiving information Count rides given to treatment facilities Record change in number of persons receiving treatment 	 Navigator Program records Chart Audit

21	Increase payment coverage of screening and treatment of colorectal ca	incer
	• Educate policy-makers about the importance for government or insurance coverage of colorectal cancer screening and treatment	 Obtain baseline measure of how screening and treatment are paid Record # of policy-makers educated about the importance of payment coverage Contract Health Chart Audit
22	Increase available support and quality of life for those being treated for	and survivors of colorectal cancer
	• Organize a colorectal cancer support group	 Obtain baseline measure of number of women eligible to attend support group Survey for quality of life of support group members Number attending the support group
23	Increase available support to caregivers of those living with colorectal	cancer
	 Provide training to caregivers Organize a caregivers' support group 	 Obtain baseline measure of number of potential caregivers Survey for knowledge of care giving and quality of life Number of caregivers who re- ceive training Assess for change in knowledge of care giving Number of caregivers who at- tend the support group Assess for quality of life



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Table 4. Sample Prostate Cancer Objectives for Tribal Cancer Planning

#	Objective		
T	• Strategy	Evaluation	• Data
24	Increase awareness of the risk factors for prostate cancer		
	 Implement community education campaigns (mentoring, media, tribal leaders) Implement community awareness campaigns Plan a "men's health fair" to distribute information about cervical health Plan an activity during Prostate Cancer Awareness Month (September) Increase awareness of the importance of making an informed decision a 	 Conduct BRFSS to assess change in level of awareness of risk fac- tors Health fair attendance 	 BRFSS Health fair roster
25	blood test for early detection of prostate cancer	about having a digital rectal exa	ii allu f SA
	 Develop community awareness campaign Plan a "men's health day" to distribute information about prostate health 	 Activities of awareness campaign Number of persons served at men's health day Measure awareness of impor- tance of screening Survey community for change in level of awareness 	 BRFSS Health fair roster
26	Increase access to appropriate treatment for prostate cancer		
	 Educate PCPs to refer men for prostate cancer services Provide transportation to treatment site 	 Number of PCPs receiving information Count rides given to treatment facilities Change in number of persons receiving treatment 	 Navigator Program records Chart Audit
27	Increase payment coverage of diagnosis and treatment of prostate cancer		
	• Educate policy-makers about the importance for government or insurance coverage of costs of screening and treatment of prostate cancer	 Obtain baseline measure of how screening and treatment are paid Number of policy-makers educated Survey PCPs for change from private parties to insurance or public entities 	 Contract Health Clinic Survey

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28	Increase available support and quality of life for those being treated for	r and survivors of prostate cancer
	• Organize a prostate cancer support group	 Obtain baseline measure of number of men eligible to attend support group Survey for quality of life of support group members Number attending the support group
29	Increase available support to caregivers of those living with prostate c	ancer
	 Provide training to caregivers Organize a caregivers' support group 	 Obtain baseline measure of number of potential caregivers Survey for knowledge of care giving and quality of life Number of caregivers who re- ceive training Assess for change in knowledge of care giving Number of caregivers who at- tend the support group Assess for quality of life





Northwest Tribal Twenty Year Comprehensive Cancer Control Plan

Table 5. Sample Lung Cancer Objectives for Tribal Cancer Planning

	#	Objective		
		• Strategy	Evaluation	• Data
	30	Increase awareness of the risk factors for lung cancer		
		• Implement community education campaigns (mentoring, media, tribal leaders)	 Number of people who received information on risk factors Conduct Tribal BRFSS 	• BRFSS
	31	Contribute to the knowledge and understanding of the risk of tobacco communities	use among AI/AN to tribal leader	rship and
		 Present research findings and evidence based best practices to tribal leadership at local, regional and statewide gatherings and conferences 	 Regional Tobacco Policy Confer- ence attendance 	
	32	Increase percentage of PCPs and dentists who ask patients 6 years and	older about tobacco use at every	/ visit
		• Provide culturally-sensitive education to PCPs for counseling of patient	 Survey PCPs Number of providers who receive information Yearly chart audit to see if rate changes 	 Chart Audit Survey to Providers
	33	Reduce the percentage of adult current tobacco users		
;		 Promote a ban on advertising of tobacco products Implement a community education campaign (mentoring, media, tribal leaders) Establish tribal anti-tobacco councils Increase cost of tobacco products Promote smoke-free environments in tribal communities Encourage community event to be commercial tobacco free 	 Obtain baseline data on use from BRFSS/YTS Obtain baseline data on media advertising efforts Report of activities of tribal anti- tobacco councils Report on tobacco product price Survey media for changes in frequency of advertising Survey users for change in per- centage of adult current tobacco users and those who intend to quit within six months 	 BRFSS Tribal BRFSS Oregon Healthy Teens YTS

34	Reduce percentage of youth under 18 years who have ever tried tobacc	o products	
	 Increase AI/AN specific tobacco control media and education initiatives addressing youth to assure comprehensive, culturally appropriate messages reach the intended audience Develop and assess the efficacy of AI/AN specific tobacco use interventions for youth, to assure comprehensive, culturally appropriate education efforts Improve systems to have health care providers ask each patient, including parents of young children and youth, at each visit if they use tobacco and if tobacco is used in their homes, to determine their readiness to quit and advise them accordingly Form parent support group Encourage tribal health programs to continue to collaborate with local community providers and schools to use established tobacco cessation curriculums for youth, including CDC endorsed curriculums Provide community technical assistance in addressing tobacco control issues targeting youth 	 Conduct BRFSS/YTS Record curriculum addition Count parents who attend support group Count media program contacts Count number of youths educated about ritual use Number of tribal health programs collaborating with local providers 	 YTS Oregon Health Teens Parent support group rosters
35	Reduce smoking among pregnant women		
	 Develop community awareness campaign Target WIC and First Steps users Provide education materials to Primary Care Providers 	 BRFSS/YTS for baseline data Number of pregnant women contacted about smoking Survey pregnant women for changes in smoking patterns 	 Birth certificate files Tribal activity log
36	Reduce the percentage of adult tobacco smokers		
	 Ensure that all AI/AN who wish to stop using tobacco have access to evidence based cessation interventions Increase AI/AN specific tobacco control initiatives to assure comprehensive, culturally appropriate media messages reach the intended audience Support collaborative advocacy efforts to pass statewide clean indoor air policy Support local communities' advocacy efforts to enact or retain clean indoor air policies 	 BRFSS Monitor state tobacco policy Monitor local tobacco polity 	 BRFSS State tobacco policy Local Tobacco policy

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	37	Increase availability of tobacco use cessation services		
Northwes:		 Expand the number of health care providers offering nicotine dependence treatment Improve systems by which a provider can refer patients to nicotine dependence treatment Expand patient education and offer nicotine dependence treatment for patients receiving care Provide technical assistance to nicotine dependence treatment providers to bill Medicaid, Medicare and third party insurers for services 	 Obtain baseline data on existing cessation services Obtain report of use and success rates Count number of PCPs who treat Record successful attempts to obtain funding Survey for changes in number of existing cessation services 	
Tribo	38	Increase awareness of tobacco use cessation services		
Northwest Tribal Twenty Year Comprehensive		 Develop media campaign to increase awareness Develop and distribute a listing of tobacco cessation services 	 Obtain baseline data from YTS Count media campaign contacts Survey for changes in awareness of cessation services YTS YTS Tribal activity log 	
Con	39	Increase environmental tobacco smoke (ETS) free homes and daycare s	sites	
nprehensive Cancer Control Plan		• Implement a community education campaign (mentoring, media, tribal leaders)	 Tribal BRFSS Count number of community areas with anti-ETS policies Yearly site visits by CHRs to obtain data on change in rates of ETS in homes and daycare sites 	·
Con	40	Increase/strengthen environmental tobacco smoke (ETS) policy in triba	l facilities	
trol Plan		 Institute a weekly smoke-free day at casinos Implement locally developed policies on clean indoor air in community areas Showcase efforts of early adopters 	 Obtain baseline data on ETS in community areas Random visits to ascertain compliance with request at casinos and community areas Tribal activity log 	
	41	Increase enforcement of laws regulating sales of tobacco products to m	inors	
31		 Inform all local sellers of tobacco products about increased enforcement Implement protocol for reporting illegal sales without revealing identify of informant 	 Obtain baseline of state SYNAR records Observational survey to see change in compliance with law SYNAR data 	Q

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42	Increase access to appropriate diagnosis and treatment of lung cancer		
	 Educate PCPs to refer persons for lung cancer services Provide transportation to clinic or treatment site Provide incentive to get diagnosis/treatment Provide childcare 	Rides to treatment facilitiesNumber of persons receiving	Navigato Program records Chart Audit
43	Increase payment coverage of screening and treatment of lung cancer		
	 Educate policy-makers about the importance for use of Tobacco Settlement money to fund diagnosis and treatment of lung cancer Educate policy-makers about the importance for government or insurance coverage of lung cancer treatment 	 Obtain baseline measure of how screening and treatment are paid Record # of policy-makers educated about the importance of payment coverage 	Contract Health Chart Audit
44	Increase available support and quality of life for those being treated for	r and survivors of lung cancer	
	• Organize a lung cancer support group	 Survey for quality of life of support group members Number attending the support group 	Chart Audit
45	Increase available support to caregivers of those living with lung cance		
	 Provide training to caregivers Organize a caregivers' support group 	 Survey for knowledge of care giving and quality of life Number of caregivers who re- ceive training 	Survey Survivor Training rosters Pre/Post test eval

	Table 6. Sample Childhood Cancer Objectives	for Tribal Cancer Planr	ning
#	Objective		
	• Strategy	Evaluation	• Data
46	Increase the percentage of primary care providers (PCPs) who recogn	nize childhood cancer signs	
	 Educate PCPs about childhood cancer signs Promote idea within professional organizations 	 Survey PCPs Count number of PCPs who receive information on childhood cancers 	• Survey to Providers
47	Increase access and referrals to appropriate treatment for childhood	cancer	
47	 Educate PCPs to refer children to childhood cancer centers Provide transportation to treatment site Provide housing at treatment site 	 Record number of PCPs receiving information Rides to treatment facilities Count number of days housing provided to family Record change in number of persons receiving treatment 	 Navigator Program records Chart Audit
48	Increase payment coverage for treatment of childhood cancer		
	 Educate policy-makers about the importance for government or insurance coverage of costs of treatment of childhood cancer Educate PCP about high risk pool and family insurance assistance programs 	 Obtain baseline measure of how treatment is paid Record # of policy-makers educated about the importance of payment coverage Survey PCPs for change in payers from private parties to insurance or public entities 	 Contract Health Clinic Survey
49	Increase available support to persons being treated for and survivors	of childhood cancer	
2	 Organize a childhood cancer support group Refer to existing cancer support groups 	 Obtain baseline measure of number of persons eligible to attend support group Survey for quality of life before support group begins 	 Survey of Childhood Cancer Survivors Support group roster

50	0 Increase available support to parents/caregivers of persons living with childhood cancer		
	 Provide training to caregivers Organize a parents and caregivers' support group Survey existing resources Refer parent/caregiver to existing resources 	 Obtain baseline measure of number of potential caregivers Survey for knowledge of care giving and quality of life Record the number of caregivers who receive training Assess for change in knowledge of care giving Record the number of caregivers who attend the support group Assess for quality of life 	
51	Increase education of school personnel and primary care providers abo cancer	out late and long term effects of childhood	
	• Partner with Leukemia & Lymphoma Society for Welcome Back program	 Baseline of childhood cancer survivors Survey Knowledge of providers and teachers Survey of Teachers 	

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-O		Table 7. Sample Cancer Objectives for Trib	oal Cancer Planning	
•••	#	Objective		
		• Strategy	Evaluation	• Data
	52	Increase Tribal Cancer Control Capacity		
Northwes		Participate in Northwest Tribal Cancer Coalition	 Coalition Evaluation 	 NTCCP Coalition Evaluation and Signin Sheets
t Trii	53	Support the gathering and maintenance of data systems to understand	the cancer related needs of AI/A	Ns.
Northwest Tribal Twenty Year Comprehensive Cancer Control Plan		 Support the efforts of the Northwest Tribal Registry Project to continue to gather and report cancer data on Al/ANs. Support the establishment of an Tribal family cancer risk registry to identify persons at high risk due to family history and predisposing conditions, and assure appropriate screenings and follow-up. Maintain a database of cancer research being undertaken among Al/ANs and secure additional funding for priority research needs. 	 Number of tribal data linkages Change in reclassified cancer cases Establishment of cancer registry 	 Tribal cancer registry Tribal registry linkage
hen	54	Increase awareness of the risk factors for all cancers		
sive Cance		• Implement a community education campaign (mentoring, media, tribal leaders)	Number of people who received information on risk factorsBRFSS	• BRFSS
r Co	55	Educate physicians on accessing clinical guidelines		
ntrol Plo		Plan, implement, and evaluate training for providers	Numhber of providers trainedTraining Evaluation	 Training Responses
nr	56	Increase the availability and effectiveness of culturally relevant cancer p programs for AI/AN	prevention & risk reduction mate	erials and
35		 Create brochures, handouts, posters on healthy lifestyles for cancer prevention Develop educational materials to help AI/ANs learn to use familiar, inexpensive, and readily available foods to improve their diets and meet nutri- tional recommendations for cancer prevention Increase the number of health education materials that are presented in cul- turally appropriate ways 	 Native CIRCLE catalog inclusion Use satisfaction survey 	 Native CIRCLE

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57	Increase the proportion of AI/AN adults 18 and older who eat at least fi	ve servings of fruits & vegetables	s every day
	• Develop media messages aimed at AI/AN adults to increase their awareness of the importance of eating five or more servings of fruits & vegetables every day	• BRFSS	• BRFSS
58	Increase the proportion of AI/AN adults 18 and older who meet Healthy moderate and vigorous activity	y People 2010 recommendations	for
	 Increase public awareness of the benefits of physical activity Increase the number of worksites that provide opportunities and policies that promote physical activity Promote physical activity in local communities Encourage communities to provide physical activity opportunities and establish policies that promote physical activity Partner with transportation and land use planners to increase walk-ability and bike-ability of communities Collaborate with faith organizations to increase opportunities for physical activity within their organization and for their entire community Develop and disseminate physical activity materials, including model physical activity prescription forms, for use by health professionals 	• BRFSS	• BRFSS
59	Implement new cancer screening and early detection tests as they beco	ome recommended by national o	rganizations
	Track new screening and early detections test and recommendations	 Number of new screening implemented 	 National Cancer Institute
60	Increase access to appropriate diagnosis and treatment for all cancers		
	 Educate PCPs to refer persons for appropriate diagnostic and treatment services Provide transportation to treatment site 	 Record number of PCPs receiving information Count rides given to treatment facilities Record change in number of persons receiving treatment 	 Navigator Program records Chart Audit
61	Inform AI/AN cancer patients of the opportunity to participate in clinic	al trials	
	• Determine availability/appropriateness of developing a formal relationship with an NCI designated comprehensive cancer center to assist in areas such as clinical trials.	• Number of patients enrolled in clinical trials	 NCI clinical trials

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Ū.	62	Develop patient diagnostic and treatment services to reduce the need f locations and healthcare facilities for diagnosis and treatment	for cancer patients to travel to multiple
Northwest Tril		 Determine the feasibility of developing a comprehensive cancer center. Support the development of the Oncology Support Program (OSP) to provide primary care and cancer support services for Al/AN who live outside urban areas who remain for cancer care. Incorporate complementary and integrative care into the program Encourage partnerships with in-state and out-of-state healthcare providers when treatment modalities are not available and when a cost/benefit analysis indicates that partnering is appropriate Assist tribal sites with training and physician consulting support so cancer patients can receive care closer to home 	 Economic analysis Number of partner organizations Examine distance patients travel for care IHS Chart Audit NTCCP
bal T	63	Increase payment coverage of treatment of all cancers	
wenty Year Co		• Educate policy-makers about the importance for government or insurance coverage of costs of treatment of all cancers	 Obtain baseline measure of how treatment is paid Number of policy-makers edu- cated about payment coverage Contract Health Clinic Survey
mþi	64	Establish a patient navigation program to ensure timely and efficient ca	ncer care coordination
Northwest Tribal Twenty Year Comprehensive Cancer Control Plan		 Establish a cancer patient tracking system to monitor long-term cancer side effects and recurrence. Identify collaborative and financial means to support establishing a coordinated patient navigation program Provide each cancer patient at the completion of treatment with an "end of treatment" summary 	 Number of new programs implemented Financial support for programs Patients receiving care summary
ntro	65	Create and maintain interdisciplinary palliative care team	
l Plan		 Assess resources available including: physician, nurse, pharmacist, social services, behavioral health, and spiritual support Invite participants from available disciplines Convene regular team meetings Provide training for palliative care team members 	 Survey of available resources Team roster Meeting schedule Trainings attended Clinic Protocol
	66	Create a palliative plan of care for cancer survivors	
37		 Comprehensive assessment of patient with guidance of interdisciplinary team Education patient and caregiver about the specific cancer and its care Address survivor goals, values, and needs 	 Patient Care Plan Survey of Patient and Family Chart Audit

5	67	Establish a palliative care program to provide support for dying at or ne	ear home
		 Implement a modified Helping Hands Program Develop culturally appropriate advance directives and education programs that adhere to all legal requirements and allow for a "natural" death Establish a system wide grief and bereavement program Assist families and clinics in identifying and establishing respite services Develop culturally appropriate palliative care materials for providers, family members and community members 	 End of life programs established Count of those assisted Clinics
	68	Develop a comprehensive survivorship program to support cancer surv	vivors and address issues facing them
		 Educate patients to reduce cancer risks through modification of behavioral risk factors Maintain an updated cancer patient resource guide and cancer care support kit Expand spiritual support for patients and families who are away from home for lengthy periods of time Develop community based support groups working with patients and families of survivors to provide assistance to cancer patients returning home after cancer treatment Offer training for individuals willing to facilitate cancer support groups. Conduct a needs assessment of Al/AN cancer survivors Develop a nutrition guide that recommends traditional and subsistence foods, which can be substituted for standard recommended healthy foods, for Al/AN patients during and after treatment Collaborate with the Fred Hutchinson Cancer Research Center Survivorship Center of Excellence efforts to establish survivorship clinics 	 Need assessments conducted Number of programs established Patients enrolled in program
	69	Increase available support to caregivers of persons living with cancer	
		 Provide training to caregivers Organize a caregivers' support group Partner with Cancer Navigator if available 	 Obtain baseline measure of number of potential caregivers Survey for knowledge of care giving and quality of life Number who receive training Assess for change in knowledge Number of caregivers who at- tend the support group Assess for quality of life
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