

NATIVE FUNESS XVI

AUGUST 21ST & 22ND, 2024

SAVE THE DATE

WHO SHOULD ATTEND?

- **DIABETES COORDINATORS**
- TRIBAL FITNESS COORDINATORS
- **COMMUNITY WELLNESS TRAINERS**
- YOUTH COORDINATORS
- TRIBAL LEADERS

ve American Fitness Council



WHY SHOULD YOU ATTEND?

- RECEIVE SKILLS IN BASIC AEROBIC TRAINING
- LEARN CREATIVE FITNESS TRAINING TECHNIQUES
- LEARN TRIBAL SPECIFIC APPROACHES TO HEALTH & WELLNESS
- CERTIFICATE OF COMPLETION (UPON REQUEST)

For more information:

Western Tribal Diabetes Project wtdp@npaihb.org

Indian Leadership for Indian Health